



3 OMEGA

ALL NATURAL FLAX OIL

- 100% Pure & All Natural.
- An Excellent Source of ALA Omega-3 (8,000 mg Per One Tablespoon Serving).
- Produced Using Only 100% North American Premium Non-GMO Flaxseeds.
- Expeller Cold Pressed.
- Natural Polyphenols, Sterols and Flavor Agents Preserved.
- No Chemicals, Additives or Preservatives.
- Glass Bottle - No Phthalates, Bisphenol A (BPA), or Leachables from Plastics.
- Free of Pesticides and Herbicides.
- Shelf stable for 24 Months.
- Gluten-Free and 100% Vegan.
- Halal and Kosher Certified.



Nutrition Facts

Serving Size 1 tbsp (15 mL)
Servings Per Container about 17

Amount Per Serving

Calories 120 Calories from Fat 120

% Daily Value*

Total Fat 14g	21%
Saturated Fat 1.5g	7%
Trans Fat 0g	
Polyunsaturated Fat 10g	
Monounsaturated Fat 2.5g	
Sodium 0mg	0%
Total Carbohydrate 0g	0%
Protein 0g	

* Not a significant source of Cholesterol, Dietary Fiber, Sugars, Vitamins A, C, Calcium and Iron.

Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: **FLAX OIL**